

Facility Rules

- All participants must sign liability waiver and/or have legal guardians sign for minors
- No cleats or spikes to be worn inside of the facility (ensure all footwear being worn is clean)
- No chairs or sharp objects or high heeled shoes
- No spitting or nose clearing
- No drinks on turfed areas
- No food or sunflower seeds inside of the facility
- During open sessions (times allowed for general public), if all cages are full and others are
 waiting, please alternate time with anyone waiting. We want to stay away from having to call
 in advance and schedule specific times for individual work, so we must all work together to
 make this work.
- Participants must wear adequate protective gear appropriate for their sport including but not limited to batting helmets for hitters in the cages
- Pitchers throwing in cages (other than live batting practice) must pitch from behind a protective screen
- Swinging of bats must only take place in the cage or designated tee station area
- No climbing or hanging from netting
- Please stand a minimum of 2' away from any nets while waiting or observing
- If others are hitting in a cage next to yours, please wait until both cages are done hitting in order to pick up balls. The nets have some give and this will help avoid being hit by a ball from the cage next to yours

